



August 2017

PRESIDENTS REPORT

I had been struggling with my report this month wondering what to report on and then this week several things happened:

- Received a reminder from Breast Screen Queensland, mammogram is due again.
- Shaved my daughter's head as she is supporting a friend who is currently going through chemotherapy for Breast Cancer
- Received an email from Ros Kinder about Zonta Breast Cushion Project (how many cushions and drainage bags we made last year and where we distributed them.)
- And, lastly, Sewing Group recommences this Friday.

So the decision was made for me this month it's: **Understanding Breast Cancer.**



Breast Cancer is the most common cancer affecting Australian women. In 2017, it is estimated that 17,586 women and 144 men will be diagnosed with breast cancer. That is an average of 48 people every day.

It is important to remember that most people survive breast cancer. The latest statistics (2017) show that the five year relative survival rate for people diagnosed with breast cancer is more than 90%. Of course, many people live long and healthy lives well beyond this period.

- The number of people being diagnosed with breast cancer in Australia is increasing; however the number of deaths from breast cancer is decreasing.
- The risk of developing breast cancer increases with age.
- The risk of being diagnosed with breast cancer by age 85 is 1 in 8 for women and 1 in 631 for men.
- The chance of surviving at least five years has increased from 72% in 1982-1987 to 90% in 2017.



When you also receive a letter from Breast Screen Queensland, don't put it in the draw and think "I'll get to that later" or "I'm too young I don't need this yet" (if you have received a letter you're not too young, you're older than you think!) ring and make an appointment. The odds are in our favour if diagnosed early.

Kerry Adam, President

ADVOCACY

During the month of August, the UN acknowledges several International Days. These include the World's Indigenous Peoples, Against Nuclear testing and Victims of Enforced Disappearances. August 19th is World Humanitarian Day. It was on this day in 2003 that a terrorist attack hit the UN Headquarters in Bagdad, killing 22 people including Sergio Vieira De Mello, the UN's head representative in Iraq. In 2008, the General Assembly adopted this day as World Humanitarian Day. Every year since then the Humanitarian Community has organised global campaigns to commemorate this day advocating for the safety and security of humanitarian aid workers.



#NotATarget

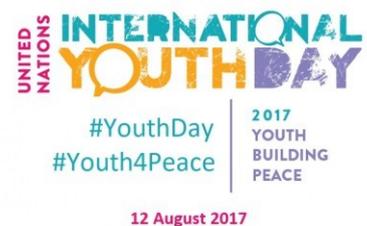
In 2017 the WHD campaign is : #Not a Target.

So many people around the world are trapped in wars not of their making. Millions of people forced to flee for their lives. Whole communities are being displaced – torn apart. Health and aid workers who risk their lives to help these people are increasingly being targeted themselves.

Through a global online campaign, humanitarian partners are coming together to reaffirm that civilians caught in conflict are # Not a Target. It is an innovative partnership with Facebook Live and with events held around the world, the UN will raise their voices to advocate for those most vulnerable in war zones and demand that world leaders do everything they can to protect civilians in conflict.

This campaign follows the UN Secretary – General's report on protection of civilians which was launched earlier this year.

12th August is International Youth Day. This year, this day is dedicated to celebrating young people's contributions to conflict prevention and transformation as well as inclusion, social justice and sustainable peace. The 2030 Agenda for Sustainable Development committed to fostering peaceful and inclusive societies and affirmed that "Sustainable development cannot be realised without peace and security. "



Thanks to our wonderful news coverages, we have all seen the horrors of war and the fear and anguish on faces of people caught up in this --- people seemingly no different to us. My anguish is that I can't do much about it. Thanks to ZI involvement with UN, we do have a voice.

Maxine Thiele, Advocacy Director

(Taken from UN website)

SERVICE

Fundraising:

Master Butchers/Coles – Saturday July 21st. We sold most of the sausages. Very poor drink sales. Bunnings the better venue. Profit on Saturday - \$356.20 Total profit for the June/July BBQ's - \$605.25. We have booked BBQ's at Bunnings for the 3rd and 10th of September. These are Sundays. Marlene is the coordinator for the September BBQ's and she will be asking for volunteers at the August General Meeting.

Sewing Group:

Four attended the recent sewing get together. A productive morning - ten cushions made and three scarves. Lovely lunch on the verandah. Next date to be advised.

Books from Birth:

Next working bee will be 31st August at Lauren Haack's home. Majority of the books will be heading to Thursday Island. Lauren has established new contacts there and an economical way of freighting the books.

Thumbs Up Award:

A Thumbs Up award was recently presented to Anne Eaton. Anne is the Midwifery Manager at the Proserpine Hospital and ensures the smooth day to day operation of the maternity ward. During Cyclone Debbie, Anne worked 48 hours straight with little more than a couple of hours break; never knowing the condition and state of her own home. Already an extremely busy woman, Anne volunteers her time to educate midwifery students in Brisbane every 2 months. Anne also offers her medical knowledge to families, couples and adults for free, when they are fighting medical negligence cases. Zonta's "Thumbs Up" Award acknowledges the efforts this hard working, community minded, generous, caring and strong women.

Congratulations!



Knitting Group

The knitting group met July 31st. There were 9 at Judy Brown's home & we put 6 blankets together and just have to do the finishing off. Dawn & Carole are presenting 10 blankets & knee rugs to the Proserpine Nursing Home on Wednesday afternoon. The next blankets will go to The Salvation Army via Denise Norder once finished. The next meeting is on August 28th at Catherine Moscato's home.

Carol Bolton, Director

MOVIE NIGHT!

AWARD WINNING MOVIE "HIDDEN FIGURES"

Where: Laura's cinema. 188 Mandalay Road

When: THURSDAY NIGHT 7th September 2017

Time : 6pm for 7pm movie start (movie length approx 2 hours)



- ⇒ Bring: Either wine or small plate of finger food to share either sweet or savoury.
- ⇒ RSVP: Please let Roz know (peteandroz@bigpond.com) if you are coming and what you plan to bring so I make sure there is a food/drink balance.
- ⇒ Cost: Free
- ⇒ Car Pool if possible.
- ⇒ Purpose: Social gathering for members and guests of members and also to educate members on the status of women (in particular African American women) in America in the 50's and 60's .
- ⇒ About the Movie: Three brilliant African-American women at NASA -- Katherine Johnson (Taraji P. Henson), Dorothy Vaughan (Octavia Spencer) and Mary Jackson (Janelle Monáe) -- serve as the brains behind one of the greatest operations in history: the launch of astronaut John Glenn (Glen Powell) into orbit, a stunning achievement that restored the nation's confidence, turned around the Space Race and galvanized the world. This is a feel good heart warming movie and even if many of us have already seen it , it will be worth another viewing. Initial release: 25 December 2016 (USA) Director: Theodore Melfi Nominations: Academy Award for Best Picture

Roz Jennings, Past President & Film Fan



St.Catherine's Z Club Induction 11 August 2017

Team Zonta arrived en masse and in plenty of time for the Induction Ceremony so we were welcomed and taken to the staffroom at St Catherine's until students were available. They arrived hungry (as it was their lunchtime) and a little tired as many of them had been involved in a Homeless Awareness Sleep Out the previous night. Their homes were constructed from cardboard boxes and that's where they spent the night.

This commitment to social issues really set the tone for our expectations of Z Club members, and what a terrific bunch they were!! Drawn from the year 7 & 8 students, mostly girls but two boys (one of whom is in year 12) formed the inductees. Upon installation, the Charter President Zante Sloan gave a most thoughtful acceptance speech. Other office bearers were Vice President Hannah Rugless, Secretary Eden Humphrey, Treasure Stella De Solar, Directors: Grace Rule, Bridget and Jakki.

The Induction and Installation of Charter Members witnessed by Zonta members formed the first part of the Installation process, which will be finalised on Monday 14th with Badge presentation to each member at school assembly.

Susan Beale, St Catherine's staff member responsible for the St Cath's Z Club, was thanked for her commitment. During conversation with Susan later, she spoke of some of the ideas that students had for community initiatives, both Internationally (such as Birthing Kits) and locally within the Proserpine community. Their first fundraising event will be at St Catherine's School on Friday September 1st and is a Trivia night to provide funds for purchase of materials for Birthing Kits. Two tables have already been booked by Zonta members!

Thank you to all who supported this ceremony and a "big thank" you to Sandii Hansen who initiated the Z Club project. It was unfortunate that you couldn't have been with us to officiate and enjoy the company of these delightful young people, Sandii.

Cath Fernbach, President-Elect

Susan Beale ask that we make our bookings ASAP for triva night and there will be photo booth at Open Day Saturday 19th August at Manresa Campus., St Catherine's College. Any funds raised will go towards birthing kits.





August Birthdays

Betty Whitehorn—11th

Odette Van Der Berg—18th

Laura Morrision—25th

Sandii Hansen—25th

Noelene has been in touch with some of the girls we have given assistance to this year - here is their news:

1. **Cherlika Gordon** - "I'm doing great. I'm currently in week 2 of the semester. Last semester I achieved a credit, distinction and a pass for my subjects. I also received an indigenous health scholarship which is worth \$15,000 a year for my whole degree (4-1/2 years). This week (1st August) I started my new job as a receptionist at North Queensland Physiotherapy Centre here in Townsville. I have really enjoyed working so far and the physiotherapists there are going to help me with my future assignments.

2. **Keisha McEwan** - Last week was NAIDOC week and Kalila and I were busy with events everyday except Thursday. On Monday, we had the flag raising ceremony, Tuesday was a baby show, Wednesday was arts and crafts in the park, Friday we had a deadly disco (dressed as wonder women in one of the attached pics) and Saturday was our big family cultural day, and Monday we volunteered at the school celebrations as well. We received amazing feedback this year and are hoping to bigger next year! I was on uni holidays for a month and just started back this week, starting to organise my field placement for next year also. And the big news... I got my license yesterday!



3. **Stevie Smith** - "has started her second semester at UQ and in 1st semester she came out with grades higher than those achieved in 2016. She worked harder this year to prove to Zonta ladies and herself that our assistance was worthwhile and hopes we can see that. Her mother was such an important person in her life and without her constant support Stevie found the whole experience took a far greater mental toll than she anticipated, but knowing that people she never even had the pleasure to meet, had a similar faith in her was amazing and motivated her to work as hard as she possibly could. She hopes to be able to come back to the Whitsundays some time to meet us and express her gratitude. She hopes to maintain a strong connection with the Zonta club and do her part as someone who benefited greatly from the club's contribution." Attaching photo of Stevie with her parents.



4. **Grace Barrille** - My name is Grace Barrille and I was one of the lucky ones to receive the Zonta Bursery award last year. As a year 12 student my studies have been going extremely well. My most recent report I achieved four A's and two B's out of my six subjects I am studying at St Cath's. Earlier this year I was working to get into a degree of journalism (as I am an OP student) but have recently changed my choices and am hoping to study a degree in criminology or psychological sciences. With only one full term left of schooling, I am staying motivated and determined to keep up my good results! Now that I have applied for accommodation at JCU and my preferences at QTAC next year, I'm finding it extremely hard to contain my joy! Bring on the next couple of months!

Date Claimers



General Meeting: **(NOTE CHANGE OF VENUE)**

16 August: Mantra Club Croc—6pm for 6.30 pm Start

1 September: Trivia Night at St Cath's Z Club

7th September: Film Night— Laura Morrison's—6PM

8th - 10th September: District 22 Conference—Royal on the Park , Brisbane

1st December: Christmas Party—Palmers Restaurant

Book Club meeting: last Wednesday every month: Contact Kerry Kenyon

Visit our Facebook pages

<https://www.facebook.com/WhitsundayZonta>

District 22 Facebook:

<https://www.facebook/District-22-Zonta-International>



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